



CERTIFICATE OF PARTICIPATION

This is to certify that

Roaul Strydom

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:48:42

PACE 06:51/km

GENDER 244 of 563

OVERALL 324 of 834

40+ 70 of 161

08 July 2023, Sat

Date



BoutTime

Signature

